### The Winston School San Antonio Presents 34th Annual Learning Symposium **Belonging and Neurodiversity**

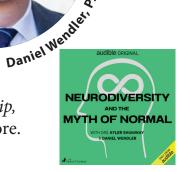


Friday, January 26, 2024 8:30 a.m. to 3:35 p.m. an in-person event With Keynote Speakers





Celebrated Authors of: *Neurodiversity and the Myth of Normal, Science of Friendship, Improve Your Social Skills, Level Up Your Social Life, and more.* 



N WINSTON

### **Breakout Sessions**

**Fostering Belonging in** the Classroom

Intersectionality of Belonging, **Inclusion**, and Identity

Like and Subscribe: Belonging in the Age of Social Media

> **School Belonging in the Middle Grades**

**Unlocking Potential: Exploring Executive Function** 

You Are Not Alone: Destigmatizing the Journey of the Student With Dyslexia

Presenting "Building a School **Community Where** Everyone Belongs"

Dr. Kyler Shumway is the President and Chief Clinical Officer of Deep Eddy Psychotherapy, one of the leading outpatient mental health practices in Texas.

Dr. Daniel Wendler is a best-selling author, nationally recognized keynote speaker, and a proud autistic self-advocate. a two-time TEDx speaker, and the co-author of the upcoming Audible lecture series "Neurodiversity and the Myth of Normal."



210.615.7485 www.winston-sa.org/symposium



### 34<sup>rd</sup> Annual Winston Learning Symposium

Welcome to The Winston School San Antonio's Annual Learning Symposium!

At WSSA, we are always interested in the latest research in neurodiversity, including teaching and coaching strategies that empower students with learning differences to thrive. This year we are also embracing the theme of belonging; fostering togetherness and responding to various challenges of inclusivity. Interweaving the concepts of neurodiversity and belonging is the cornerstone of our community and is the focus of this year's symposium.

In collaboration with the Educational Medical Scientific Advisory Council (EMSAC), we have designed a meaningful symposium with partners who have dedicated their work, their research, and their lives to support students who learn differently. We invite you to join us for a day of impact and learning. Register now to secure your spot.

Looking Forward,

Michelle Spoonemore, Ph.D. Head of School The Winston School San Antonio

### **SCHEDULE & REGISTRATION**

Time	Session
8:30 - 9:00 am	Registration & Welcome
9:00 - 10:30 am	Keynote Speakers: Kyler Shumway, PsyD, & Daniel Wendlet, PsyD
10:30 - 10:45 am	Break
10:45 am - 12:00 pm	Keynote Speaker (cont.)
12:00 - 12:30 pm	Lunch
12:45 - 1:35pm	Breakout Session A (50 Min.)
1:35 - 1:45 pm	Break
1:45 - 2:35 pm	Breakout Session B (50 min.)
2:35 – 2:45 pm	Break
2:45 - 3:35 pm	Breakout Session C (50 Min.)

Category (Lunch included)	Regular Admission
General Admission	\$75
WSSA Parent	\$50
College Student (Must Show ID)	\$25
Group of Educators (5 or more)	\$55/each

### **HOW TO REGISTER**

- Online: www.winston-sa.org/symposium/
- Over the Phone: (210) 615-6544
- In Person: Submit form and payment to our front office.

CONTINUING EDUCATION CREDITS available for teachers, counselors, and social workers. Please see our website for more information!

### Keynote Lecture: "Building a School Where Everyone Belongs"

By Kyler Shumway, PsyD and Daniel Wendler, PsyD

### "Building a School Community Where Everyone Belongs"

Every teacher wants their classroom to be a place where each student can belong however, creating that sence of belonging can be challenging. This presentation provides proven strategies for addressing each student's unique need for belonging and creating a community where everyone is included.

Join clinical psychologists and relationship experts Dr. Kyler Shumway and Dr. Daniel Wendler as they share practical tools for helping students find their place. Learning new insights into our psychological needs related to friendship, helpful strategies for creating spaces where everyone can belong, and effective techniques to build genuine inclusion, even for students who struggle with behavioral and social challenges. Discover the pathway to real belonging in your classroom and beyond.

## **Afternoon Breakout Sessions**

#### Fostering Belonging in the Classroom: Evidence-based Learning and Behavioral Strategies and Systems:

Presented by Heather Haynes Smith, Ph.D. Associate Professor in the Department of Education at Trinity University

Dr. Smith will provide an overview of evidence-based practices in implementing learning and behavior strategies and systems that support belonging. The session will also introduce practical strategies and resources to support, or advocate for, systems of support reflecting the research evidence-base. **This session is appropriate for educators, school leaders, and families.** 

### Intersectionality of Belonging, Inclusion, and Identity from the Perspective of Individuals with Disabilities:

Presented by Dianne P. Hengst, M.A., Psy.D, Disability Consultant and Former Executive Director/ADA Coordinator, UTSA (retired)

The Disability Rights Movement, starting in the early 1970s, joined other civil rights movements by promoting a culture of inclusion, diversity, and the capacity to appreciate and value individual differences. While the concept of diversity encompasses acceptance, inclusion, and a sense of belonging, many challenges exist as a result of a limited understanding of these individual differences and how they can provide opportunities for growth in an organization. Identity and belonging are a complex phenomenon that is often driven by one's feelings and lived experiences. This presentation will examine how disability, diversity, and identity intersect and give context to one's sense of belonging from the perspective of individuals with disabilities.

#### Like and Subscribe: Belonging in the Age of Social Media:

Presented by: Julia Avila, Stephanie Wofford, and Cynthia Diaz de Leon, Ph.D., from the Clarity Child Guidance Center.

Discover the complexities of navigating social development as we explore the impact of social media on the sense of belonging among youngsters. In this presentation, we will discuss the developmental stages and needs of children and adolescents and the positive and negative impacts of social media use. We will provide information on how to help support youngsters as they navigate these pitfalls and harness the benefits of social media.

#### School Belonging in the Middle Grades:

Presented by Heidi Johnson, M.Ed., School Counselor at The Winston School San Antonio

Participants will learn about and have the opportunity to engage in discussion on the importance of school belonging in the middle grades and the impact that can have on academic, social, and emotional development. **This session is great for middle school parents and teachers!** 

### Unlocking Potential: Exploring Executive Function's Link to Belonging:

Presented by: Toni Schexnyder. M.Ed., Associate Dean of College Counseling

Executive function skills are critical for success, but have you ever wondered how these skills impact our sense of belonging and connection? In this session, we will delve into the multifaceted roles executive functioning skills play in our daily lives and explore practical strategies to enhance belonging and empower individuals to unlock their potential. Whether you're an educator, a parent, or someone interested in strengthening your own skills, this session will provide valuable insights on creating environments where everyone can thrive.

This session is great for parents and teachers!

### You Are Not Alone: Destigmatizing the Journey of the Student with Dyslexia

Presented by Jasmin Dean, M.M., Founder and Executive Director of Celebrate Dyslexia

Our evidence-based presentation is designed to bring awareness and solutions for identification to the one in five students with dyslexia. Our purpose is to enable every campus, school district, and student support system to be a safe, high quality educational environment where students with dyslexia may become selfdriven and thrive.

This session is great for parents!







8565 Ewing Halsell Drive, San Antonio, Texas 78229 www.winston-sa.org 210.615.7485



Advocating for minds that learn differently.\*

# 34<sup>th</sup> Annual Winston Learning Symposium "Belonging and Neurodiversity"

Keynote by Kyler Shumway, PsyD and Daniel Wendler, PsyD Award-winning authors of *"Neurodiversity and the Myth of Normal"* 



## **Breakout Sessions**

Fostering Belonging in the Classroom

Intersectionality of Belonging, Inclusion, and Identity

Like and Subscribe

School Belonging in the Middle Grades

Unlocking Potential: Exploring Executive Function

You Are Not Alone: Destigmatizing the Journey of the Student With Dyslexia